

# Voluntary Departure Guide

*If you choose to depart independently, the decision is personal and carries individual responsibility.*

## Being Prepared and Go Bags

### If Instructed to Shelter > Remain Indoors

- **On campus or at home:** Move to a windowless interior room or hallway
- **If outside:** Enter the nearest building
- **At home / residence:** Stay at your home or residence
- Follow all instructions and stay indoors until all-clear via Emergency Alert NUQatar

### Scan The NU-Q Emergency Preparedness Guide QR Code

Reminders and guidance of how to be prepared in an emergency situation. Contains Emergency and Important contacts.



### Emergency "Go Bag" — Pack Now & Keep Ready

Use a backpack, not a suitcase — travel as light as possible. Pack for 72-hour self-sufficiency.

- Documents (Waterproof bag)
- Passport (6+ months validity)
- Photo/copy of passport stored digitally
- QID / Residence permit
- Driving licence & vehicle docs
- Insurance documents
- NU-Q ID
- Hard copy of emergency contacts
- Cash: QAR, SAR & USD backup
- Credit/debit cards
- Prescription meds (7+ days) & glasses
- Phone + charger + power bank
- Basic first aid kit & masks
- Water: min. 4L per person
- Energy bars / non-perishable food (24hrs)
- Sunscreen, sunglasses, hat
- Light clothing + jacket/sweatshirt
- Scarf or head covering
- Toiletries & sanitary items

### Saudi Arabia Visa | Confirm Before You Move

- **Non-GCC Citizens:** Apply directly online with passport
- **GCC citizens:** No visa required
- Apply at <https://visa.visitsaudi.com/>
- Your visa **must permit LAND BORDER entry** — many e-visas are AIR only
- Do **NOT** depart until visa confirmation is received

## Overland Departure and Border Crossing

### Self-Departure via Saudi Arabia (Salwa Border)

If Qatar airspace/Hamad International Airport is not open, follow overland guidance:

**⚠ Self-departure is at your own risk.**

- Ensure that shelter-in-place is no longer suitable for your specific circumstances
- Notify your line manager, HR, and HSSE about your intended destination
- Faculty and Staff update TACIT with travel plans
- Students should inform Student Affairs with their travel plans
- Download and activate the Global Rescue App
- Understand the risks associated with overland travel during regional instability
- Share travel plan and perform regular check-ins with Global Rescue and HSSE
- Confirm your flight BEFORE departing - do not travel without a confirmed booking
- Qatar → KSA (Salwa): ~6-8 hrs to Riyadh, expect delays at border crossing
- Alternative airports: Dammam, Riyadh, Jeddah

### At the Border (Salwa Crossing)

- Expect several hour delays during crisis periods — carry food and water
- Have all documents ready and accessible before reaching the border
- Follow all instructions from border officials — remain calm and cooperative
- No photography of border installations, checkpoints, or security personnel
- If denied entry: do not argue. Contact HR/HSSE

### Pre-Departure Checklist

- |  |   |
|--|---|
| <input type="checkbox"/> Line Manager, HR, HSSE, and Housing Team informed     | <input type="checkbox"/> Go bag packed (backpack, 72hrs)              |
| <input type="checkbox"/> Passport valid & all docs packed                      | <input type="checkbox"/> Phone charged, roaming on, power bank        |
| <input type="checkbox"/> Saudi visa confirmed (land entry)                     | <input type="checkbox"/> Cash (QAR, SAR, USD) & cards                 |
| <input type="checkbox"/> Onward flight booked & confirmed                      | <input type="checkbox"/> Switch off electrical items inside your home |
| <input type="checkbox"/> Crisis Management Team notified (route & destination) | <input type="checkbox"/> Offline maps downloaded for route            |
| <input type="checkbox"/> Download and test Global Rescue App                   | <input type="checkbox"/> Digital copies of all docs (phone + cloud)   |
| <input type="checkbox"/> Vehicle checked (fuel, tyres, A/C)                    | <input type="checkbox"/> Travelling in pairs / convoy confirmed       |

### Vehicle Preparation | If Driving Your Own Vehicle

- Fill the fuel tank; check tyres, oil, coolant, and A/C.
- Bring chargers, power banks, and a warning triangle.
- Pack at least 4L of water per person, food for 24+ hours, and cash.
- Bring sun protection, a hat, and a basic first aid kit.

### Safe Travel

- Travel with a second vehicle if possible for mutual support.
- Avoid night driving; take regular breaks.
- Use verified transport providers only—avoid unverified or informal options.
- Keep your phone charged; roaming active; maintain scheduled check-ins.
- Check in regularly using the Global Rescue App.

### Download The Global Rescue Application by scanning this QR Code

Global Rescue provides a 24/7 service covering medical and security support. The app also provides GPS Location Tracking.

